



How to obtain health insurance?

PUBLIC HEALTHCARE IN POLAND IS FINANCED THROUGH THE NATIONAL HEALTH FUND (IN POLISH: NARODOWY FUNDUSZ ZDROWIA OR NFZ).

ALL PERSONS EMPLOYED IN POLAND, INCLUDING FOREIGNERS, ARE OBLIGATED TO PAY HEALTH INSURANCE FEES, WHICH ARE DEDUCTED FROM THEIR SALARY-THIS IS USUALLY DONE BY THE EMPLOYER.

A PERSON RESIDING IN POLAND CAN APPLY FOR PUBLIC HEALTH INSURANCE - IN THIS CASE, THEY MUST SIGN AN AGREEMENT WITH THE NFZ.

NFZ



1. COLLECT DOCUMENTS

Check out the website: www.nfz.gov.pl/dla-pacjenta/medical-treatment-abroad/ to find out what documents are required.

2. SIGN THE AGREEMENT



Go to the NFZ branch (Chałubińskiego 8, Warsaw), fill out the documents and find out how to pay for insurance.

The cost for foreigners from outside the EU is around 56 PLN per month.

EVEN IF YOU HAVE TRAVEL INSURANCE, PLEASE VISIT NFZ.

IF YOU WANT TO USE PRIVATE MEDICAL CARE, YOU NEED TO SIGN A CONTRACT WITH A PRIVATE MEDICAL CARE SUPPLIER. THE FEES AND TERMS VARY, SO IT IS BEST TO CHECK A COUPLE OF COMPANIES.